

PE1596/J

Petitioner Email of 26 May 2016

Dear Public Petitions Committee

My name is Paul Anderson; I am a survivor of child abuse.

Chris Daly and I gave an oral presentation at the Scottish parliament on **Tuesday 26th January 2016**, the petition reference is **PE1596**.

We acknowledged that the new Broker Model the Scottish Government has offered survivors of abuse is to come into effect soon, we appealed to the Government and to the Public Petitions Committee that the current charity; **In Care Survivors Service Scotland (ICSSS)** which is to lose its funding in June this year, work together. We believe that survivor's needs are broad and varied and that the Broker model does have very good services. However, it offers survivors CBT (Cognitive Behavioural Therapy) for a limited period: 12-18 weeks, it is highly unlikely that most survivors would disclose to their new councillors their abuse in such a short time, the ICSSS has offered indefinite counselling which has resulted in them stopping their counselling.

The Public Petitions Committee requested and received responses to our presentation from the following person(s):

- [Dr Sarah Nelson](#)
- [Open Secret](#)
- [CELCIS: Centre for Excellence for Looked after Children In Scotland](#)
- [SHRC: Scottish Human Rights Commission](#)

In reference to Dr Sarah Nelson's letter, on **page 3: (C)**

She explains that CBT has limitations in supporting survivors of abuse:

"I have not met a survivor who has benefited from "evidenced based" therapies such as CBT, a form of therapy that is time limited....."

The ICSSS from its experience has shown that many survivors have BPD: Borderline Personality Disorder, which is untreatable from the NHS, I know this from my own experience, if CBT is the main therapy that the Broker Model offers, that may put survivors at risk. Where do they go for continued support?

The Scottish Government have said that the Broker Model is what survivors want and need.

Survivors from the ICSSS agree.

We believe that the needs of other survivors must also be met, those who are unable to be helped with CBT, that is why Chris and myself appealed to the Public Petitions Committee and to the Scottish Government that the services such as indefinite counselling and group work (the ICSSS offers this) combine their efforts with the Broker Model and the above mentioned services.

Survivors from the ICSSS have already established a trusting relationship with their councillors, to lose this would be in effect asking them to trust new councillors in a very short time, and as I mentioned above this is very unlikely.

I appeal to the Committee to seriously consider the above correspondence from Dr Nelson and others mentioned.

Please speak to the Scottish Government for us.

Yours Sincerely,

Paul Anderson